



Menu

**Did you say
exercise or
extra fries ?**

@BeatRestaurants

To share (or not)

HOMEMADE CHEESE CROQUETTES (V)

15.5

Parmesan, chutney de fraises, salade verte
Parmezaan, chutney van aardbeien, groene salade
Parmesan cheese, strawberry chutney, green salad

HOMEMADE SHRIMP CROQUETTES

17.5

Crevettes de Zélande, zeste de citron, salade verte
Zeelandse garnalen, citroenzeste, groene salade
Zeeland shrimps, lemon zest, green salad

FRIED PARMESAN BRUSSELS SPROUTS (V)

7.5

Choux de Bruxelles frits, parmesan, pickles
Gefrituurde spruitjes, parmezaan, pickles
Fried Brussels sprouts, parmesan, pickles

FRIED MUSSELS

8

Moules panées, citron vert, persil frit, sauce tartare
Gepaneerde mosselen, limoen, gefrituurde peterselie, tartaarsaus
Breaded mussels, lime, fried parsley, tartar sauce

THE BEST NACHOS IN TOWN

17

Chili con carne fait maison, coriandre, guacamole, cream cheese, cheddar
Huisgemaakte chili con carne, koriander, guacamole, cream cheese, cheddar
Homemade chili con carne, coriander, guacamole, cream cheese, cheddar

ROASTED CAULIFLOWER (V)

17

Mousseline au citron, crumble de pain d'épices, vinaigrette miel-piment
Citroenmousseline, crumble van peperkoek, honing-chili dressing
Lemon mousseline, ginger bread crumble, honey-chili dressing

Supplements

+ 4

FRITES BELGES
BELGISCHE FRIETJES
BELGIAN FRIES

SALADE VERTE
GROENE SALADE
GREEN SALAD

+ 4

PURÉE DE POMME DE TERRE
AARDAPPELPUREE
MASHED POTATOES

CROQUETTES DE POMME DE TERRE
AARDAPPELKROKETJES
POTATO CROQUETTES

Awesome salads

FALAFEL & BUTTERNUT (V)

17.5

Grenade, mélange de carottes & de butternut, houmous, lentilles, mesclun
Granaatappel, wortel & butternut squash, hummus, linzen, mesclun
Pomegranate, carrot & butternut squash, hummus, lentils, mesclun

FRIED CHICKEN CAESAR

16.5

Poulet frit, tomates, croûtons, oeuf, vinaigrette César, parmesan
Gefrituurde kip, tomaten, croutons, ei, caesar vinaigrette, parmezaan
Fried chicken, tomatoes, croutons, egg, caesar dressing, parmesan

GOAT CHEESE SALAD (V)

18

Fromage de chèvre au miel et thym, toast, mesclun, pommes, noix, fruits des bois, moutarde-miel
Honing en tijm geitenkaas, toast, mesclun, appels, walnoten, bosvruchten, honing-mosterd
Honey and thyme goat cheese, toast, mesclun, apples, walnuts, forest fruits, honey-mustard

SUPERFOOD (V)

18

Broccoli, feta, avocat, quinoa, grenade, noix, citron vert
Broccoli, feta, avocado, quinoa, granaatappel, walnoten, limoen
Broccoli, feta, avocado, quinoa, pomegranate, walnuts, lime



ADD
AN
EGG
+1

Quick lunch

LE CROQUE PASTRAMI

12

Brugge Vieux, pastrami
Brugge Oud, pastrami
Brugge Old, pastrami

PIZZETTA 'CAMPAGNE'

13.5

Sauce du chef, mozzarella, poulet, oignons, poivrons
Saus van de chef, mozzarella, kip, ui, paprika
Chef's sauce, mozzarella, chicken, onions, peppers

SALMON BRIOCHE

15.5

Saumon, guacamole, oeuf
Zalm, guacamole, ei
Salmon, guacamole, egg

(V) = VÉGÉTARIEN - VEGETARISCH - VEGETARIAN

Delicious mains

FLEMISH BEEF STEW 18.5

Carbonade flamande, carottes, frites
Stoofvlees, wortelen, frietjes
Flemish stew, carrots, fries

TAGLIATELLE CON CARNE 17

Pâtes tagliatelles avec le meilleur chili con carne maison
Tagliatelle pasta met de lekkerste huisgemaakte chili con carne
Tagliatelle pasta with the best homemade chili con carne

STEAK TARTARE 'BELGIAN BLUE' 20

Tartare Blanc Bleu Belge maison, salade verte, frites
Huisgemaakte Belgische Witblauw tartaar, groene salade, frietjes
Homemade Belgian Blue tartare, green salad, fries

BELGIAN BLUE BEEF FILET MIGNON 26.5

Blanc Bleu Belge, sauce maison au choix : poivre, archiduc ou béarnaise, frites
Belgisch Witblauw, huisgemaakte saus naar keuze: peper, champignon of béarnaise, frietjes
Beef steak, homemade sauce of your choice: pepper, mushroom or béarnaise, fries

VOL-AU-VENT 19

Champignons frits à la croûte d'amandes, pâte feuilletée, frites
Amandelkorst gepaneerde paddenstoelen, bladerdeegkoekje, frietjes
Almond crust fried mushrooms, puff pastry, fries

CHICKEN ALLA CENZ 17.5

Poulet rôti au sirop de Liège, pommes de terre caramélisées, compote de pomme
Geroosterde kip met Luikse siroop, gekarameliseerde aardappelen, appelmoes
Roasted chicken in Liège syrup, caramelized potatoes, apple sauce

SALMON BÉARNAISE 24

Saumon, sauce béarnaise, légumes du jour, potatoes
Zalm, béarnaisesaus, groenten van de dag, potatoes
Salmon, béarnaise sauce, vegetables of the day, potatoes

FISH AND CHIPS 17

Poisson pané, frites
Gepaneerde vis, frietjes
Fish, fries

RISOTTO SPECULOOS (V) 17.5

Champignons, speculoos, chicon caramélisé
Champignons, speculoos, gekarameliseerde witloof
Mushrooms, speculoos, caramelized chicory

LASAGNA PESTO (V) 17

Lasagne au pesto, mozzarella, tomates, légumes
Pesto lasagna, mozzarella, tomaten, groenten
Pesto lasagna, mozzarella, tomatoes, vegetables



The original waffle burger

THE #BELGIAN

16.5

Gaufres maison, sauce Dallas, fromage, poulet frit*, oignons rouges, tomate, salade, frites
Huisgemaakte wafels, Dallas saus, kaas, gefrituurde kip*, rode uien, tomaat, salade, frietjes
Homemade waffle buns, Dallas sauce, cheese, fried chicken*, red onions, tomato, salad, fries

* FOR VEGETARIAN OPTION, ASK YOUR WAITER

When we opened in 2018, we were looking to create a new, original dish that represented each one of our values:

Belgian, quality and customer experience.

The whole world knows & loves Belgian waffles, so we went ahead and used them to make our burgers! After adding some tasty fried chicken, melted cheese and veggies, the #Belgian was born!

In the meantime, we have been fortunate enough to open another restaurant where many variations of this burger can be enjoyed, but our day one burger will always stay available at Beat !

Allergies or special diet

ALLERGIES OU RÉGIME SPÉCIAL?
N'hésitez pas à le signaler à votre serveur
ALLERGIEËN OF EEN AANGEPAST DIEET?
Aarzel niet om het aan je ober te vertellen
ALLERGIES OR SPECIAL DIET?
Do not hesitate to mention it to your waiter



Kids have fun

FISH STICKS & CHIPS

8.5

FRIED CHICKEN & APPLE 9.5

Fish sticks, frites
Fish sticks, frietjes
Fish sticks, fries

Poulet frit, compote de pommes, frites
Gefrituurde kip, appelmoes, frietjes
Fried chicken, apple sauce, fries

ADD CHEESE +1



Yummy sweets

VANILLA ICE CREAM, SALTED CARAMEL, PECAN NUTS	8
FRENCH BRIOCHE TOAST, POPCORN, MAPLE SYRUP	7.5
CHOCOLATE MOUSSE, BROWNIE, CHOCOLATE TRUFFLE	8
CRÈME BRÛLÉE	8
CHEESECAKE SPECULOOS	8

**WIFI
PASSWORD
I-beat****





Have a Belgian classic or one of our funky signature dishes.

Everything is homemade !

Let your awesome waiter help you make your choice.

Enjoy the music, the food, the company & remember...

Giving you the best experience is our mission.

We are where the best of Belgium meets.

BEAT RESTAURANTS
Open 7/7, from 12.00 until late

1, rue de l'enseignement
onderrichtsstraat, 1
1000 Brussels
+32 2 478 94 00
info@beatrestaurants.com
www.beatrestaurants.com